

navi2coach

How can I use navi2coach with my MAC?

As o-synce currently offers no MAC compatible software, you may use the following software solutions:

- Trainingsplan.com
- [Golden Cheetah](http://GoldenCheetah.com)
- Trainingspeaks.com
- 2Peak.de
- [Rubitrack](http://Rubitrack.com)
- [Strava](http://Strava.com)
- [Sportstracks](http://Sportstracks.com) ... and all software solutions which are compatible with the **FIT file** format.

For the analysis just download the training data into your software. If the software does not support a direct download of your device, just transport the FIT files from the device file "Activities" into your software by using the "copy & paste" method.

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Author: o-synce support team

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